



STATE OF WASHINGTON  
WASHINGTON STATE BOARD OF HEALTH  
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# **Draft Summary of Planned Work Children's Health and Well Being, Phase II (2001-03)**

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## Overview

The Board will continue its efforts to improve the health and well being of *all* children in Washington. Given this is one of the Board's priorities, the Children's Health and Well Being Committee will maintain its focus on ways to provide access to needed services. Since there is no one way to assure and improve access, the Committee will work on three main tracks.

## Rule Revisions

The Committee has responsibility to review existing Board rules related to children. These rules are each being reviewed under the umbrella of access to health services. Rules currently under review include:

Visual and Auditory Screening WAC—Ongoing; review to be completed by December 2001. Possible delegation to DOH for housekeeping changes only. DOH will then prepare a CR-102 with proposed housekeeping changes. If public concerns arise, the Board will reassume the rule review.

Scoliosis Screening WAC—Ongoing; to be completed by December 2001. Possible delegation to DOH for housekeeping changes only. DOH will then prepare a CR-102 with proposed housekeeping changes. If public concerns arise, the Board will reassume the rule review.

Prenatal Screening WAC—Ongoing; to be completed by December 2001. The Committee will continue to work with DOH to prepare a CR-102. The CR-102 will be filed by November 1. A public hearing is expected at December Board meeting.

Newborn Screening WAC—Ongoing; to be completed by December 2002. The Board and DOH are cosponsoring an advisory committee to determine which, if any, newborn screenings should be added to the list of screenings provided to all newborns. Privacy issues will also be considered. The advisory committee's work will be coordinated with the Board's genetics task force efforts.

Vital Statistics WAC—Ongoing; to be completed by December 2001. The Board has worked with DOH to determine proposed changes to state required birth and death certificates. Proposed changes are primarily based on new federal standards. The CR 102 cannot be filed until the federal standards are finalized. Once that occurs, a CR-102 will be filed and a public hearing will be scheduled.

Immunizations WAC—Rule re view to occur by December 2002.

<b>Task</b>	<b>Timeline</b>
Approval of SBOH to delegate Scoliosis rule to DOH for housekeeping purposes only	October 2001
Approval of SBOH to delegate Auditory and Visual rule to DOH for housekeeping purposes only.	October 2001
Continue co-chairing Newborn Screening advisory committee to determine possible changes to the newborn screening rule.	October 2001- October 2002
Submit CR-102 for the proposed Prenatal Screening rule revision.	November 2001
Board hearing on proposed Prenatal Screening WAC revision.	December 2002
Board approval of proposed CR 101 for Immunization rule review	December 2002
Submit CR-102 for the proposed Vital Statistics rule revision.	March 2002
Board hearing on proposed Vital Statistics rule revision	April 2002
Submit proposed CR 102 for proposed Newborn Screening rule revision	October 2002

## Well Child Screenings

The Committee will continue to encourage and support efforts to increase the number of young children who receive comprehensive health screenings. This work will be based on the Board's, Approved List of Clinical Preventive Services for Children Birth to 10 Years of Age. The Committee will:

1. Monitor and support the OSPI/DSHS/DOH well child checkup pilot. This pilot is testing if and how children can be required to have a well child checkup by school entry. The Committee will monitor this effort and look for opportunities to utilize information gleaned from the pilot.
2. Consider ways to utilize information gleaned from the Board's nationwide study of states with well child checkup requirements at school entry. Efforts may include sharing the information with the Governor's office, legislators, and other policy makers at the state and local level, as well as private organizations and other interested parties.
3. Monitor and support the Medical Assistance Administration efforts to improve the number of low-income children who receive comprehensive EPSDT services. This will include tracking quality improvement activities and considering ways to build on those activities to improve the number and quality of screenings for *all* children.
4. Track other efforts in the public and private sectors to improve the health and well being of *all* children in Washington.

<b>Task</b>	<b>Timeline</b>
Participate on and monitor appropriate DOH, OSPI, and DSHS advisory committees as well as other public or private advisory committees working to improve children's access to well child screenings.	October 2001- June 2002

## Nutrition and Obesity

1. Identify and promote healthy environments for children that support good nutrition and maintenance of a healthy weight. This may include working with schools, after-school programs, early education, restaurants, and the media to create these environments.
2. Explore comprehensive behavioral change activities such as social marketing, peer counseling, and public education, to assess if and how they could be used to encourage good nutrition, physical activity and maintenance of a healthy weight. These should include existing public/private partnerships.

Tasks	Timeline
Develop and conduct an assessment of current activities underway in Washington related to nutrition, weight, physical activity, oral health, and diabetes. The assessment will include identifying current programs in the public and private sectors. Programs to be identified will include health education and information, direct health services, as well as others.	October 2001-February 2002
Report back to the Board with options for Committee work and products that will benefit all children or specific groups of children.	March 2002